

November 2017

Mon	Tue	Wed	Thu	Fri	Sat
<p>6 <i>First Day of Practice</i></p> <p><i>No School</i></p> <p><i>Practice</i> <i>12PM-4PM</i> <i>Meet outside of upstairs boy's locker room.</i></p>	<p>7 <i>No School</i></p> <p><i>Practice</i> <i>8AM-10:30AM</i></p>	<p>8 <i>Morning Lift</i> <i>7AM</i></p> <p><i>JV Practice</i> <i>3:30PM-5:30PM</i></p> <p><i>Varsity Study Hall</i> <i>3:30PM-4:30PM</i></p> <p><i>Varsity Practice</i> <i>4:45PM-6:45PM</i></p>	<p>9 <i>JV Practice</i> <i>3:30PM-5:30PM</i></p> <p><i>Varsity Study Hall</i> <i>3:30PM-4:30PM</i></p> <p><i>Varsity Practice</i> <i>4:45PM-6:45PM</i></p>	<p>10 <i>Morning Lift</i> <i>7AM</i></p> <p><i>JV Practice</i> <i>3:30PM-5:30PM</i></p> <p><i>Varsity Study Hall</i> <i>3:30PM-4:30PM</i></p> <p><i>Varsity Practice</i> <i>4:45PM-6:45PM</i></p>	<p>11 <i>Varsity Practice</i> <i>9AM-11AM</i></p>
<p>13 <i>Morning Lift</i> <i>7AM</i></p> <p><i>Practice</i> <i>3:30PM-5:30PM</i></p>	<p>14 <i>Practice</i> <i>3:30PM-5:30PM</i></p>	<p>15 <i>Morning Lift</i> <i>7AM</i></p> <p><i>Hydration testing during school day in training room.</i></p> <p><i>Practice</i> <i>3:30PM-5:30PM</i></p>	<p>16 <i>Scrimmage at Robinson Secondary</i> <i>4PM-6PM</i></p> <p><i>GMU vs Oregon at GMU Rec Athletic Complex 7PM</i></p>	<p>17 <i>Practice</i> <i>3:30PM-5:30PM</i></p>	<p>18 <i>Scrimmage at Brensville District High School</i></p> <p><i>Bus 7AM</i> <i>Wrestle 9AM-11AM</i></p>
<p>20 <i>Varsity Practice</i> <i>6AM</i></p> <p><i>Winter pictures after school in wrestling room. No practice after pictures.</i></p>	<p>21 <i>Practice</i> <i>3:30PM-5:30PM</i></p>	<p>22 <i>2-Hour Early Release</i></p> <p><i>Morning Lift</i> <i>7AM</i></p> <p><i>Practice</i> <i>1PM-3:30PM</i></p>	<p>23 <i>Thanksgiving</i></p> <p><i>No Practice</i></p>	<p>24 <i>Varsity Practice</i> <i>9AM-11AM</i></p>	<p>25 <i>Varsity Practice</i> <i>9AM-11AM</i></p>
<p>27 <i>Morning Lift</i> <i>7AM</i></p> <p><i>Practice</i> <i>3:30PM-5:30PM</i></p>	<p>28 <i>Practice</i> <i>3:30PM-5:30PM</i></p>	<p>29 <i>Morning Lift</i> <i>7AM</i></p> <p><i>Varsity Practice</i> <i>3:30PM-5:30PM</i></p> <p><i>Junior Varsity at West Springfield</i> <i>Bus 4:30PM</i> <i>Wrestle 6PM-9PM</i></p>	<p>30 <i>Practice</i> <i>3:30PM-5:30PM</i></p>		